



Clay County School District & American Heart Association Partnership

*Hands Only CPR Training as part of
Pupil Progression Plan*

Hands Only CPR

Saving Lives is Why

- 350,000 “Out of Hospital” cardiac arrests occur each year. Of this, only 10% survive
- 4 years ago, The American Heart Association had the idea of making Hands Only CPR Training a graduation requirement
- Since then 37 States have passed it as Statewide Curriculum including all states in the Southeast, except for FL
- Clay County would be the 7th county in Florida to vote in this requirement

[“CPR is Why” Video Link](#)

CPR in Schools Training Kit empowers students to learn the core skills of CPR, choking relief, and AED skills – all in one class period. This easy-to-use educational kit developed by the American Heart Association is designed to specifically meet the needs of schools. It is portable and reusable, allowing for easy storage and convenient transportation from classroom to classroom.



WHAT IS TAUGHT

- Adult Hands-Only CPR
- Child CPR
- Adult Choking
- Child Choking
- General AED Awareness

COURSE DELIVERY

Learn the skills to save a life in a school setting led by a facilitator.



IN-SCHOOL



FACILITATED
GROUP

HOW IT WORKS

Any educator or student can facilitate the training session in one class period. During the training session, students practice on a Mini Anne® Plus manikin while watching and learning CPR skills on the DVD. The kit comes complete with a facilitator guide and a facilitator binder that include a Lesson Plan, pre- and post-tests, a certificate of participation, and additional resources. This method is a research-proven way for students to learn and retain the lifesaving skills of CPR.

KIT CONTENTS

The CPR in Schools Training Kit (AHA product #15-1044) includes

- 1 wheeled classroom carry bag
- 10 Mini Anne Plus Inflatable manikins
- 10 individual carry bags
- 1 hand pump for manikin inflation
- 5 practice-while-watching training DVDs (NOTE: DVD has not been updated to reflect 2015 Guidelines; however, guidance for providing necessary science updates to students is provided in the CPR in Schools Lesson Plan)
- 1 Facilitator Guide
- 1 Facilitator Binder that contains the Lesson Plan, pre- and post-test, and additional supplementary material
- 10 AED training simulators
- 2 mesh collection and storage bags
- 10 replacement airways
- 10 replacement face masks
- 50 manikin wipes

The all-in-one kit contains everything needed to facilitate CPR in Schools training for 10-20 students at once. The process can be easily repeated to train an entire class, grade, or even an entire school. One kit can train hundreds of students!

Order Today!

Learn more
heart.org/cprinschools

Next Steps

- Vote at August 3rd School Board Meeting.
- August 10 (Potential Date) – 2 Hour In-Service Training for designated High School Teachers that will be leading the Hands Only CPR Training for Students
- Clay County School District currently has 7 of these CPR in Schools Kits
- There is no cost to Clay County School District, Students or Families for the training. The CPR in Schools Kits are supplied from multiple grants and gifts from supporters of the American Heart Association including the Local AHA Board of Directors.

Thank you for your continued support!

American Heart Association
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life is why™

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